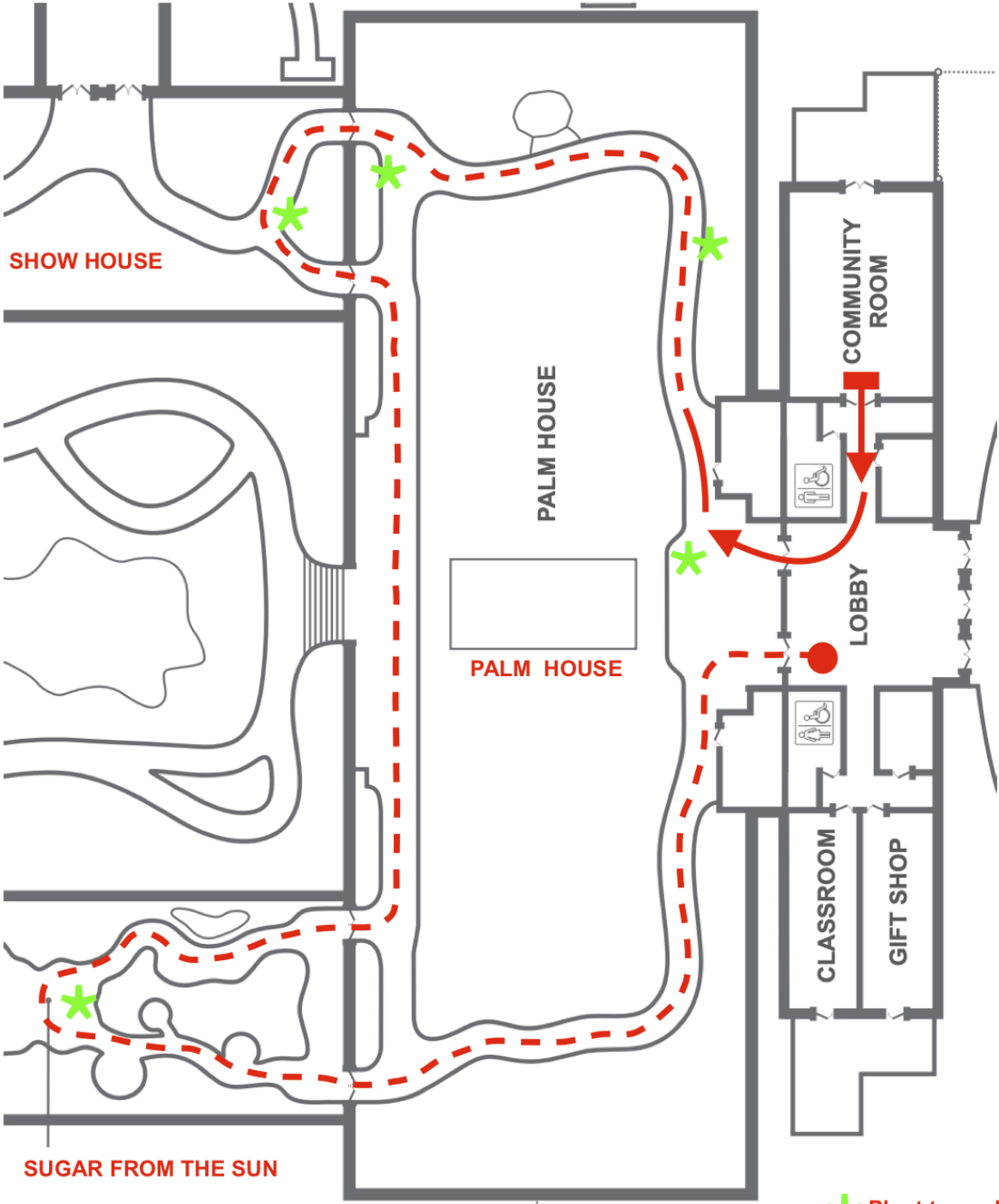


Map of the Explore Route for today's program



 Plant to explore!

Beginning in the Community Room, arrows and a dotted red line trace a path through the Lobby, Palm House, part of the Show House, and the Sugar From the Sun room. It then loops back through the Palm House to the Lobby.

Along the route there are five green asterisks, each indicating a plant to explore.

The first plant to explore is just inside the Palm House in a potted planter, as you enter from the Lobby door furthest to the right.

The second plant can be found by following the path to the right, just before the path curves left towards the Show House.

The third plant is just outside the doors to the Show House.

The fourth plant is just inside the Show House in the bed between the two doors.

The fifth and final plant is inside the Sugar From the Sun room. From the Show House turn right down a long path south through the Palm House. The dotted line bypasses the Fern House entrance, and then turns right at the next door into Sugar From the Sun.

The route on the map then loops back through the Palm House and ends in the Lobby.

Departure: As you leave the Community Room, travel through the Lobby and enter the Palm House via the door furthest to the right. Tune into your sense of smell. Feel the heat and moisture on your skin. Describe the changes and scents in the air.

First stop – Baby’s Tears: The first stop to explore is a potted plant called Baby’s Tears just inside the Palm House. Touch the leaves. Describe their texture on your fingers.

Second stop - Ficus: The second plant can be found further down the path to your right, just before the path curves left. Take photographs of the roots and branches of the ficus. What patterns did you notice? How did you try to capture the scale, reach, and texture of the plant?

Third stop - Painted Bamboo: The third plant is just outside the entrance to the Show House. Tap the bamboo with a knuckle. Gently explore what other sounds you can make with the plant. How do those sounds inform what else you can sense? Write down objects or materials that this painted bamboo plant reminds you of.

Transition: As you enter the Show House, note any shifts in temperature or humidity. How do these changes feel on your skin? How do they affect your breathing? What new scents or sounds now surround you?

Fourth stop - Jasmine and Hydrangea: The fourth plants are just inside the Show House. Few things are more fragrant than a Jasmine tree in bloom. Which of these adjectives resonate most with you? Rich. Sweet. Fruity. Sensual. Musky. What other adjectives or associations come to mind as you breathe in deeply?

Transition: Follow the plant bed to the second set of Palm House doors. The Sugar From the Sun room is down the path through the Palm House. You will pass by the entrance to the Fern Room, which we won't be exploring today. As you follow this path, find something that reminds you of something in your garden at home, or something you have encountered while traveling on vacation. What sense memories and emotions come to your mind?

Final stop - Sugar From the Sun. Inside the Sugar From the Sun room, you'll meet staff and Teen Docents from Garfield Park Conservatory Alliance. Write down one thing you learned that you didn't know before, or one thing that you tasted that you never tried before.

Return: Wander back through the Palm House towards the Lobby. Take your time. Find something to savor. Take in its appearance, smell, or texture. Attend closely to your mood. How would you describe what you're feeling at this moment?

To Access a Digital Version of this Map and Guide,
use the QR Code below or visit:

<https://forms.gle/cKvSMBJ99GbF1N6HA>

